

# Break Out Session

*Next steps, working as a team, tangible takeaways*

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# BREAK OUT SESSION: 30 MIN SMALL GROUP

- Choose a scribe who will share later.
- Consider the following questions:
  - What are the biggest needs of your group right now?
  - What are the barriers to change?
  - What resources do you need?
  - What are the next steps for you and your group?

# Barriers and Moving Forward

*Alan Davis, MD*

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# BARRIERS AND MOVING FORWARD

- Building teams
- Stake holders
- Process and goal
- Finding support
- Quarterly Resiliency Center meetings

# BE THE MEDICINE

- Who ARE you?
- What is your unique medicine, your gift?
- If not now, when?

Save tuned for the  
Winter Retreat in 2021!